



Treat yourself to a day or weekend away cycling in our lovely countryside.

This year we offer you a chance to visit places from Perthshire to the Yorkshire Dales, from Speyside to the Western Isles, from Arran to the Trossachs, and from New Lanark to the Border lands.



Rides are usually on Sustrans and NCN routes and quiet roads.

We are based in Edinburgh. Rides vary from 30-50 miles but average 40 miles a day with café and sightseeing stops. Accommodation is in Hostels or B&B.

Mellow Velo is a group of cyclists who have come together to make it easier to organise day and weekend trips.

Please note that we are not a travel organisation and everyone is responsible for his or her own safety.

For details please see www.mellowvelo.org.uk

Or e-mail info@mellowvelo.org.uk

